



Daniel was a man who poured out his heart in prayer. As he did God moved, a nation was transformed, and generations experienced the impact. Daniel's prayer life grew under pressure. In the midst of a resistant culture, Daniel found a sanctuary in humbly and persistently coming into the presence of God in prayer. (Daniel 1:3-8, 6:1-10, 9:1-19)

REFLECT (10 Minutes)

How has the Holy Spirit been speaking to you through the sermon this week?

OR

Was there anything new or interesting that grabbed you from the teaching Sunday?

Dig Deeper (20 Minutes)

This week Pastor Darren talked about Daniel's rhythm of prayer. For better or for worse, what does your rhythm of prayer look like?

Describe your conversations with God. What types of things do you pray for?

During Daniel's life, Babylon sought to form and assimilate the Exiled Israelites. How do you think you have been assimilated or formed by western Canadian culture? How do you think you have been formed by "Church" culture for good or for bad?

Daniel's rhythm or practice of prayer was counter-formational. In other words it was a way of resisting the empire.

1. What are your rhythms of counter-formation?
2. How do you think prayer functions to counter-form you? Perhaps, share a story of how this has worked out in our life

Daniel's prayer life "confronted" the injustice he saw around him. What is an area of your prayer life that needs to become more confrontational?

The Psalms have been the prayer book of the people of God for a long time. They teach us how to pray. What is your favorite Psalm and why? What types of prayer do you tend not to practice?

RESPOND (10-15 Minutes)

Daniel lived as though he had no life apart from the presence of God. Could this be said of your life? What would change if God's presence became the most important thing about you?

What do you think a healthy rhythm of prayer could look like for you? Seriously, be realistic.

PRAYER and Mutual Encouragement (10-15 Minutes)

Take some time to pray with one another and specifically in any of the areas you want to pray with more boldness. Practice this together. Perhaps close by reading Psalm 139:4.

LEADER NOTES

These questions are a guide; feel free to use/exclude ones as people may have already answered the question or talked about the theme OR if your group takes a long time to tackle one particular theme it's ok to skip over questions in the interest of time/focus.